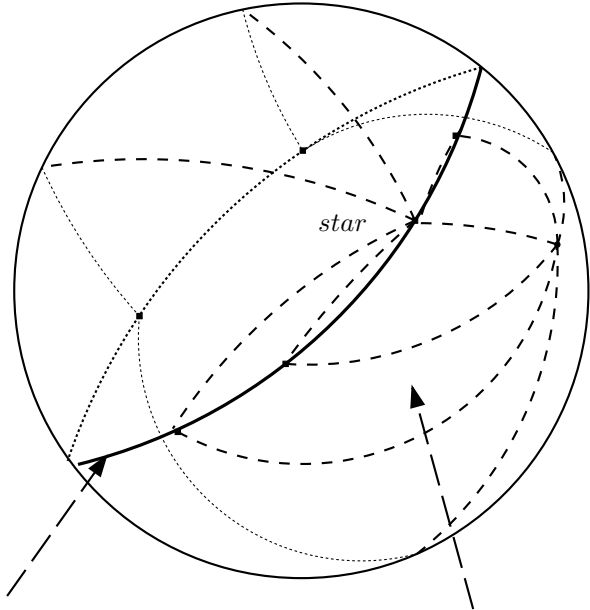


triangulation of  $S^1$



triangulation of  $S^2$